

Playground Details, Sports & Playground Facilities

Promoting Physical Fitness, Teamwork and Holistic Development

At **PUBLIC MONTESSORI SENIOR SECONDARY SCHOOL, PIPAR CITY** we believe that sports and physical education are integral to the holistic development of every child. In accordance with **CBSE Affiliation Bye-Laws**, the school provides adequate playground facilities and a structured sports programme that encourages physical fitness, discipline, leadership, teamwork, and sportsmanship.

School Playground

The school has a spacious and well-maintained playground designed to facilitate a variety of outdoor sports and physical activities. The playground is regularly inspected and maintained to ensure a safe environment for students.

Our playground supports:

- Athletics and Physical Fitness Activities
- Morning Assembly and Mass PT
- Yoga and Meditation Sessions
- Annual Sports Meet
- House Competitions
- Recreational Games and Outdoor Activities

Outdoor Sports Facilities

The school provides facilities for various outdoor games, including:

- Athletics
- Cricket
- Football
- Volleyball
- Basketball
- Kabaddi
- Kho-Kho
- Badminton
- Throw Ball
- Tug of War

These facilities help students develop endurance, coordination, confidence, and teamwork while promoting a healthy lifestyle.

Indoor Sports Facilities

Students are encouraged to participate in indoor games that enhance concentration, strategic thinking, and mental agility.

Available indoor sports include:

- Chess
- Carrom
- Table Tennis (where available)
- Yoga and Fitness Activities

Physical Education Programme

Qualified Physical Education Teachers conduct structured sports and fitness programmes for students of all age groups. The curriculum includes:

- Physical Fitness Training
- Warm-up and Stretching Exercises
- Skill Development Sessions

- Team Games
- Athletics Training
- Yoga and Wellness Activities
- Sportsmanship and Leadership Development

Sports Equipment

The school maintains a sufficient stock of quality sports equipment, including:

- Cricket Kits
- Footballs
- Volleyballs
- Basketballs
- Badminton Rackets & Shuttlecocks
- Kho-Kho and Kabaddi Equipment
- Athletics Equipment
- Skipping Ropes
- Cones, Markers and Training Accessories

All equipment is periodically inspected and maintained to ensure safety and usability.

Annual Sports Activities

The school organizes various sporting events throughout the academic year, including:

- Annual Sports Day
- Inter-House Sports Competitions
- Athletics Meet
- Yoga Day Celebrations
- Fitness and Health Awareness Programmes
- Friendly Matches and Sports Festivals
- Participation in Inter-School Competitions

Students are encouraged to participate actively to build confidence, resilience, discipline, and team spirit.

Safety During Sports Activities

The safety of students remains our highest priority. The school ensures:

- Regular inspection and maintenance of playgrounds and sports equipment.
- Supervision by trained Physical Education Teachers during all sports activities.
- First Aid facilities readily available during practice sessions and competitions.
- Safe and disciplined conduct of all sporting events.
- Compliance with school safety guidelines and emergency procedures.

Our Commitment

We are committed to nurturing healthy, confident, and responsible individuals by providing excellent opportunities for physical education, sports, recreation, and overall personality development. Through regular participation in sports and games, students learn discipline, perseverance, leadership, cooperation, and respect for fair play—qualities that prepare them for success both inside and outside the classroom.